

## POOL RULES

Regular Pool Hours: Open to patrons from 10 AM to 7 PM (9am for adults participating in fitness classes)

A lifeguard must be present for pool use, except during 'Swim at Your Own Risk' times. Unauthorized swimming is strictly prohibited. The lifeguard is in charge of all pool activities and has full authority to enforce pool regulations.

The Club Manager or designee has the authority to close the pool. When the pool is closed, proper signs will be displayed. Under no circumstances is anyone to enter the pool when the CLOSED sign is displayed.

Only authorized persons are allowed in the lifeguard room, pump house, and cabana kitchen. All persons making use of the pool area do so at their own risk and the Club assumes no responsibility for injury or damage from such use.

### **Pool Safety**

Children under the age of 12 must be accompanied by a responsible adult (a member parent or grandparent or other responsible person) 18 years of age or older.

Members assume full responsibility for their own children as well as all guests of their children. Rough games, horse play (throwing water), wrestling, and running will not be tolerated in or around the pool.

Rafts, inner tubes, and other floatation devices can only be used by adults and children who have passed a swim test. Lifeguards have the option to temporarily suspend the use of such flotation devices, along with balls and other pool games, when the pool is crowded.

Use of facility owned fitness equipment (i.e., noodles and water weights) are for adult use during designated programs/times only.

No swimming is allowed in the area of the diving board without permission of the lifeguard. Divers will wait until the diving well is clear before using the board. Only one person is permitted on the diving board at any one time. After diving and surfacing, the diver must clear the diving area immediately by swimming to the ladder.

All non-swimmers shorter than 4 feet must wear \*CRYCC approved flotation devices in the water and must be directly supervised by and within arm's reach of a responsible adult 18 years old or older in appropriate swim attire.

### **Swim Test Policy:**

A swim test is required to swim in deep water (higher than chest deep) and to use the diving board for patrons and any guests under the age of 18.

A swim test will be conducted in a minimum of 5 feet of water.

Individuals taking the swim test may not wear any U.S. Coast Guard approved or other types of personal floating devices during the swim test.

Individuals who do not pass the swim test will be considered non-swimmers and will not be allowed to swim in deep water or use deep water features (with or without a flotation device). Non-swimmers must stay in chest-deep water or less and must be within arms reach of adult 18 years or older.

The swim test consists of the following skills based on guidelines developed by the Aquatic Sub council of the American Red Cross Scientific Advisory Council:

Individual taking the swim test must enter the water, going completely under.

She/he must recover then float or tread water for one (1) minute with head remaining above the water.

Individual taking the swim test must turn completely around and swim on their front a minimum of 25 yards without stopping or hanging onto the wall or lane rope.

She/he must exit the water by pulling self up and over the side of the pool or use the ladder.

A record of individuals who have passed the swim test will be kept for the swim season.

### **Health Regulations**

Toilet facilities for men and women swimmers are provided at the pool house.

Children not yet toilet trained must wear a swim diaper and a swim suit while in the pool.

Health regulations prohibit change of dirty diapers in the pool area. Diapers and clothes must be changed in the bathhouse.

Pets are not allowed in the pool area.

The Maryland Department of Environmental Health requires swimmers to shower before entering the pool area.

### **Guests**

All guest fees and expenses incurred by any guest will be billed to the sponsoring member.

Member grandchildren, 18 years and under, may enjoy all family membership privileges when accompanied by their member grandparent. The following exception applies:

Grandchildren who reside in Kent or Queen Anne's County are considered local residents. Members will be assessed a \$3.00 pool fee for each child living in Kent or Queen Anne's County for each visit.

Members will be assessed a \$5.00 fee for any nonmember adult guests and children. Adult guests living in Kent or Queen Anne's County (considered local residents) are limited to 5 visits per season. It is the member's responsibility to ascertain that the adult guests have not exceeded these limited privileges before extending invitations to non-member residents of Kent or Queen Anne's counties.

All guests shall be subject to the same pool rules as members.

### **Food and Beverages**

All food and beverages must be purchased from the club (with the exception of baby food).

Food and drinks may be purchased in the cabana and clubhouse and may be delivered to all members and their guests to be consumed outside the pool in the pool deck area.

Members may also carry-in food or beverages purchased in the bar or clubhouse. Drinks in to-go cups and food in Styrofoam containers will be allowed in the pool area.

Only drinks in plastic or Styrofoam containers will be allowed in the pool area. No china or glassware is permitted in the pool area. Proper disposal of empty containers is required in the provided trash receptacles.

The club manager, or designee, may revoke the right of a member to eat or drink in the pool area if he or she demonstrates an unwillingness to clean up. This health concern and appropriate action will be enforced by the Lifeguard on duty.

### **In General**

All swimmers must wear proper bathing attire. No street wear is permitted in the pool.

Non-swimmers must remain in shallow water (chest- deep or less). Children who have not passed the swim test must wear a CRYCC approved flotation device in the shallow end and must be within arm's reach of a responsible adult.

A swim test is required to swim in the diving well and to use the diving board.

Club furniture will be supplied and supervised by the lifeguard. Adults have priority use of furniture. Pool area furniture may not be reserved by placing towels or other objects thereon.

Swimming lessons shall be under the authority of the lifeguards on duty. Designated swim lesson times will be announced in the weekly email blast and the monthly newsletter.

### **Pool Parties**

A club member must first contact the Activities Director to reserve the cabana area of the pool for a private party (not to exceed 20 people) during pool hours. A \$50 non-refundable (unless circumstance occurs which closes the pool – inclement weather or equipment malfunction) deposit will cover the use of this “special area” for two hours. Additionally, the Activities Director or her pool staff member will supervise the area, potentially directing games and special activities both in and around the pool area.

The venue for all club-sponsored children's swim parties will be restricted to the pool area.

Guest fees will be assessed in accordance with the current pool rules: \$5 for non-members, \$3 for grandchildren who live in Kent or Queen Anne's County. The Club Manager and Activities Director must both approve all requested reservations. Requests must be made at least two weeks ahead of the proposed party date.